



Millhouse Primary School

PSHE Intent Statement

Intent

Millhouse Primary School sees PSHE as a vital subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe in our ever changing and challenging world. It is key for preparing children for a happy, successful future where they have the resilience and self-esteem to believe and achieve and become responsible, valuable citizens.

We want our PSHE teaching to put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy. Teaching about mental wellbeing is central to these subjects. We know that children and young people are increasingly experiencing challenges and that young people are at particular risk of feeling lonely. Our intent is for our PSHE content to give pupils the knowledge and capability to take care of themselves and others, and seek and receive support if problems arise.

Implementation

At Millhouse Primary School we use Jigsaw 3-11 as the basis of our PSHE curriculum. Jigsaw 3-11 offers a comprehensive Programme for Primary PSHE including statutory Relationships and Health Education. It provides children with relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others. Within the scheme of work there is a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus.”

<https://www.jigsawpshe.com/>

Impact

Children will be happy, confident and resilient. They will know how to keep themselves and others safe. They will respect all differences and know that everyone is equal.

Our children will develop into well-rounded individuals who can work successfully with others and carry with them the knowledge, skills and attitudes which will make them lifelong learners who are ready for the next stage of their education.

